

**NOSH GLOBAL SDN BHD**^{1072221-W}

1-18 First Floor, De'Rendezvous, Jalan Perda Selatan, Bandar Perda, 14000 Bukit Mertajam, Pulau Pinang.

Tel/Fax No : 04 530 7426 / 015 4871 0047 / 015 4871 0048

Website: www.nosh.com.my**Document Type:**
COURSE OUTLINE**Revision: 0****Date Published:**
23/12/2015**Doc Title:**
SITE SAFETY SUPERVISOR**Document No:**
NGSB/SSS-001

Page : 1 of 8

COURSE TITLE : SITE SAFETY SUPERVISOR **COURSE CODE** : SSS**COURSE DURATION** : 10 DAYS **COURSE LEVEL** : BASIC**COURSE CATEGORY** : COMPETENCY **EXAMINATION FEE** : RM 371.00**COURSE FEE** : RM 1,629.00**INTRODUCTION**

Under regulation 25(1), Factories & Machinery (Building Operations and Works of Engineering Construction Safety) year 1986, the main contractor supposed to employ competent part-time safety supervisor which the person would spend 15 hours a week in supervising the site's safety and also to encourage safety working attitude. The main responsibilities of Site Safety Supervisor are:

- i. Examine and improve safety condition at the construction site
- ii. To correct any unsafe works
- iii. To ensure the sub-contractor works followed the Act & Regulations
- iv. To directly contact with the workers regarding safety at workplace.

Regulation 25(2) under BOWEC had state that safety supervisor must be qualified individual and competent in handling the duty under subregulation (3) and (4). Whereby the person should have a qualification approved by "chief examiner" with at least 2 years experience in being a foreman. "Chief examiner" refers to the Chief Director, Department of Safety & Health.

Therefore, the Department of Safety & Health (DOSH) had implemented that all safety site supervisor must attend and finish SSS courses to get their competency. Whereby the courses was held by registered training centre under DOSH itself, and the individual should pass the examination prepared by National Institute of Safety & Health (NIOOSH).

There Regulation will be enforced by DOSH starting 2012, whereby all individual/site safety supervisor need to attend this course and fullfil the qualifications. In order to fullfil these requirements and resolve the shortage of Site Safety Supervisor (SSS) in the industry, Double A Scaffolding as a training centre was gladly want to share our facilities that we have in organizing the SSS courses at our place which will be accredited by DOSH.

PROGRAMME OBJECTIVES

We aimed to assist the government in developing the potential of our construction industry by providing competency training for Site Safety Supervisor (SSS). It also to fullfil the requirement as state in Regulation 1986 under BOWEC.

**NOSH GLOBAL SDN BHD**^{1072221-W}

1-18 First Floor, De'Rendezvous, Jalan Perda Selatan, Bandar Perda, 14000 Bukit Mertajam, Pulau Pinang.

Tel/Fax No : 04 530 7426 / 015 4871 0047 / 015 4871 0048

Website: www.nosh.com.my**Document Type:**
COURSE OUTLINE**Revision: 0****Date Published:**
23/12/2015**Doc Title:**
SITE SAFETY SUPERVISOR**Document No:**
NGSB/SSS-001

Page : 2 of 8

PARTICIPATION

1. All individuals or person themselves who's directly involved in relevant job to site supervisory.
2. Site Foreman or Supervisor
3. Safety Supervisor

DURATION OF COURSE

Duration : **10 days**
Classes will be conducted on : Fulltime basis Monday - Saturday 8.30pm to 5.30pm
Part time basis Saturday & Sunday 8.30pm to 5.30pm

TRAINING VENUE

Training will be conduct:

NOSH GLOBAL SDN BHD
1-18 First Floor De'Rendezvous
Jalan Perda Selatan
Bandar Perda, Bukit Mertajam
14000, Pulau Pinang.

1. Certificate of Attendance upon successful completion of the course.

ENTRANCE REQUIREMENT

1. Minimum SRP/PMR or equivalent with
2. Minimum 2 years of site working experience,
3. Certification by employer and
4. Entrance interview

Or:

*Diploma in any engineering related field for those without experience.

REFERENCE BOOK

1. Occupational Safety and Health Act 1994 and it's regulations
2. Factories and Machinery Act 1967 and it's regulations

TEACHING AIDS

1. Computer / Laptop
2. LCD Projector

**NOSH GLOBAL SDN BHD**^{1072221-W}1-18 First Floor, De'Rendezvous, Jalan Perda Selatan, Bandar Perda, 14000 Bukit Mertajam,
Pulau Pinang.

Tel/Fax No : 04 530 7426 / 015 4871 0047 / 015 4871 0048

Website: www.nosh.com.my**Document Type:**
COURSE OUTLINE**Revision: 0****Date Published:**
23/12/2015**Doc Title:**
SITE SAFETY SUPERVISOR**Document No:**
NGSB/SSS-001

Page : 3 of 8

3. White Board with accessories
4. Flip Chart with accessories

COURSE FEE

1. Training fee RM 1,629.00 per participants.
2. Examination fee is RM 371.00 (Paper 1 - RM 106.00 and Paper 2 – 265.00)

ENQUIRIES

Contact Persons : Mr Azhar / Miss Nurul Adibah
Tel: 015 4871 0047/04 530 7426/Fax : 04-530 7426
Email : publictraining@nosh.com.my or sales@nosh.com.my
Registration : www.nosh.com.my



NOSH GLOBAL SDN BHD^{1072221-W}

1-18 First Floor, De'Rendezvous, Jalan Perda Selatan, Bandar Perda, 14000 Bukit Mertajam, Pulau Pinang.

Tel/Fax No : 04 530 7426 / 015 4871 0047 / 015 4871 0048

Website: www.nosh.com.my

Document Type:
COURSE OUTLINE

Revision: 0

Date Published:
23/12/2015

Doc Title:
SITE SAFETY SUPERVISOR

Document No:
NGSB/SSS-001

Page : 4 of 8

COURSE TITLE : SITE SAFETY SUPERVISOR

DAY ONE

TIME	HOUR	TOPIC	TRAINER/FACILITATOR
0800 - 0830	0.5	Registration	
0830 – 1030	2.0	Part 1: Introduction (Introduction to OSH, SSS Duties & Task)	
1030 – 1045	0.25	Tea Break	
1045 – 1300	2.25	Part 2 (A) : OSH Legislation (OSHA 1994 & its Regulations)	
1300 – 1400	1.00	Lunch	
1400 – 1530	1.50	Part 2 (B) : OSH Legislation (FMA 1967 & its Regulations)	
1530 – 1545	0.25	Tea Break	
1545 - 1800	2.25	Part 2 (C): OSH Legislation (BOWECS & Others Legislations)	
	7.5	End of Day One	

DAY TWO

TIME	HOUR	TOPIC	TRAINER/FACILITATOR
0830 - 1030	2.0	Part 3: OSH Management System (Overview of OSH Management System)	
1030 – 1045	0.25	Tea Break	
1045 – 1215	1.50	Part 4: Consultation & Training (Communication, Promotion, Consultation, SHC, Training & Tool Box Talks)	
1215 – 1300	0.75	Part 5 (A) : Site Management (Site Planning, Program & Budgeting)	
1300 – 1400	1.00	Lunch	
1400 – 1445	0.75	Continuation	
1445 – 1545	1.00	Part 5 (B): Site Management (Risk management – HIRARC)	
1545 - 1600	0.25	Tea Break	
1600 - 1800	2.00	Continuation	
	8.0	End of Day Two	



NOSH GLOBAL SDN BHD^{1072221-W}

1-18 First Floor, De'Rendezvous, Jalan Perda Selatan, Bandar Perda, 14000 Bukit Mertajam, Pulau Pinang.

Tel/Fax No : 04 530 7426 / 015 4871 0047 / 015 4871 0048

Website: www.nosh.com.my

Document Type:
COURSE OUTLINE

Revision: 0

Date Published:
23/12/2015

Doc Title:
SITE SAFETY SUPERVISOR

Document No:
NGSB/SSS-001

Page : 5 of 8

DAY THREE

TIME	HOUR	TOPIC	TRAINER/FACILITATOR
0830 - 1000	1.50	Part 5 (C): Site Management (Risk Management – JSA & SOP)	
1000 – 1015	0.25	Tea Break	
1015 – 1115	1.00	Continuation	
1115 – 1215	1.00	Part 5 (D) : Site Management (Risk Management – PTW & LOTO)	
1215 – 1300	0.75	Part 5 (E) : Site Management (Accident Investigation & Reporting)	
1300 – 1400	1.00	Lunch	
1400 – 1445	0.70	Continuation	
1445 - 1545	1.00	Part 5 (F) : Site Management (Inspection & Audit)	
1545 - 1600	0.25	Tea Break	
1600 - 1800	2.00	Continuation	
	8.0	End Of Day Three	

DAY FOUR

TIME	HOUR	TOPIC	TRAINER/FACILITATOR
0830 - 1000	1.50	Part 5 (G): Site Management (Emergency Preparedness & Response)	
1000 – 1015	0.25	Tea Break	
1015 – 1115	1.00	Part 5 (H) : Site Management (Documentation)	
1115 – 1200	1.00	Part 6 (A) : Occupational Safety (Site Security)	
1200 – 1300	0.75	Part 6 (B) : Occupational Safety (Site Office Safety)	
1300 – 1400	1.00	Lunch	
1400 – 1530	1.50	Part 6 (C) : Occupational Safety (Site Transport Safety)	
1530 - 1545	0.25	Tea Break	
1545 - 1800	2.25	Part 6 (D) : Occupational Safety (Excavation Safety)	
	8.0	End Of Day Four	

**NOSH GLOBAL SDN BHD**^{1072221-W}1-18 First Floor, De'Rendezvous, Jalan Perda Selatan, Bandar Perda, 14000 Bukit Mertajam,
Pulau Pinang.

Tel/Fax No : 04 530 7426 / 015 4871 0047 / 015 4871 0048

Website: www.nosh.com.my**Document Type:**
COURSE OUTLINE**Revision: 0****Date Published:**
23/12/2015**Doc Title:**
SITE SAFETY SUPERVISOR**Document No:**
NGSB/SSS-001

Page : 6 of 8

DAY FIVE

TIME	HOUR	TOPIC	TRAINER/FACILITATOR
0830 - 1000	1.50	Part 6 (E) : Occupational Safety (Pilling Work Safety)	
1000 – 1015	0.25	Tea Break	
1015 – 1115	1.00	Part 6 (F) : Occupational Safety (Demolition Work Safety)	
1115 – 1230	1.25	Part 6 (G) : Occupational Safety (Electrical Safety)	
1230 – 1430	2.0	Lunch & Friday Prayer	
1430 – 1445	1.00	Continuation	
1445 – 1545	1.00	Part 6 (H) : Occupational Safety (Concrete Safety)	
1545 - 1600	0.25	Tea Break	
1600 - 1800	2.00	Continuation	
	8.0	End Of Day Five	

DAY SIX

TIME	HOUR	TOPIC	TRAINER/FACILITATOR
0830 - 1000	1.50	Part 6 (I) : Occupational Safety (Working at Height & Scaffolding Safety)	
1000 – 1015	0.25	Tea Break	
1015 – 1115	1.00	Continuation	
1115 – 1300	1.75	Part 6 (J) : Occupational Safety (Mechanical Plant & Machinery Safety)	
1300 – 1400	2.0	Lunch	
1400 – 1445	0.75	Continuation	
1445 – 1545	1.00	Part 6 (K) : Occupational Safety (Lifting Operation Safety)	
1545 - 1600	0.25	Tea Break	
1600 - 1800	1.50	Continuation	
	8.0	End Of Day Six	



NOSH GLOBAL SDN BHD^{1072221-W}

1-18 First Floor, De'Rendezvous, Jalan Perda Selatan, Bandar Perda, 14000 Bukit Mertajam, Pulau Pinang.

Tel/Fax No : 04 530 7426 / 015 4871 0047 / 015 4871 0048

Website: www.nosh.com.my

Document Type:
COURSE OUTLINE

Revision: 0

Date Published:
23/12/2015

Doc Title:
SITE SAFETY SUPERVISOR

Document No:
NGSB/SSS-001

Page : 7 of 8

DAY SEVEN

TIME	HOUR	TOPIC	TRAINER/FACILITATOR
0830 - 1000	1.50	Part 6 (L) : Occupational Safety (Confine Space Safety)	
1000 – 1015	0.25	Tea Break	
1015 – 1115	1.00	Continuation	
1115 - 1215	1.00	Part 6 (M) : Occupational Safety (Hands & Power Tools Safety)	
1215 – 1300	0.75	Part 6 (N) : Occupational Safety (Explosives & Blasting Work Safety)	
1300 – 1400	1.0	Lunch	
1400 – 1500	1.00	Part 6 (O) : Occupational Safety (Tunneling Work Safety)	
1500 – 1600	1.00	Part 6 (P) : Occupational Safety (Work Above / Under Water Safety)	
1600 - 1615	0.25	Tea Break	
1615 - 1730	1.25	Part 6 (Q) : Occupational Safety (Welding & Cutting Safety)	
	7.5	End Of Day Seven	

DAY EIGHT

TIME	HOUR	TOPIC	TRAINER/FACILITATOR
0830 - 0945	1.25	Part 6 (R) : Occupational Safety (Housekeeping)	
0945 – 1030	0.75	Part 6 (S) : Occupational Safety (Fire Prevention)	
1030 – 1045	0.25	Tea Break	
1045 – 1130	1.0	Part 6 (T) : Occupational Safety (Personal Protective Equipment)	
1130 – 1215	1.0	Part 6 (U) : Occupational Safety (Safety Signs)	
1215 – 1300	1.0	Part 7 (A) : Occupational Safety (Health & Welfare Provisions)	
1300 – 1400	1.00	Lunch	
1400 - 1500	1.00	Part 7 (B) : Occupational Safety (Occupational Health in Construction)	
1500 - 1600	1.00	Part 7 (C) : Occupational Safety (Ergonomic in Construction)	

**NOSH GLOBAL SDN BHD**^{1072221-W}1-18 First Floor, De'Rendezvous, Jalan Perda Selatan, Bandar Perda, 14000 Bukit Mertajam,
Pulau Pinang.

Tel/Fax No : 04 530 7426 / 015 4871 0047 / 015 4871 0048

Website: www.nosh.com.my**Document Type:**
COURSE OUTLINE**Revision: 0****Date Published:**
23/12/2015**Doc Title:**
SITE SAFETY SUPERVISOR**Document No:**
NGSB/SSS-001

Page : 8 of 8

1600 – 1615	0.50	Tea Break
1615 - 1730	1.0	Part 7 (D) : Occupational Safety (First Aid Management)
	8.0	End Of Day Eight

DAY NINE

TIME	HOUR	TOPIC	TRAINER/FACILITATOR
0830 - 1300	4.50	Site Visit (HIRARC)	
1300 – 1400	1.00	Lunch	
1400 – 1600	2.00	Group Assignment	
1600 - 1615	0.25	Tea Break	
1615 - 1815	2.00	Group Presentation	
	8.5	End Of Day Nine	

DAY TEN

TIME	HOUR	TOPIC	TRAINER/FACILITATOR
0830 - 0930	1.00	Examination Briefing	NIOSH
0930 – 1030	1.00	Individual Revision	
1030 – 1045	0.25	Tea Break	
1045 - 1300	2.25	Individual Revision	
1300 - 1400	1.00	Lunch	
1400 - 1530	1.50	Continuation	
1530 - 1745	2.25	Examination (Paper 1, A&B)	NIOSH
	8.0	End Of The Course	